



COUNSELING PSYCHOLOGY & CLINICAL PSYCHOLOGY
PRIVATE PRACTICE EXTERNSHIP PROGRAM
2018-2019

Director of Training

Dr. Wayne Bullock

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Application Due Date: February 16th, 2018

Start Date: September 10th, 2018

SUMMARY

Objective

The Capital Therapy Project embodies a movement to bring compassionate, respectful, and results-oriented therapy to more of DC. It is an innovative low-fee psychodynamic therapy training institute located in downtown Washington DC. Developed in partnership with a DC private practice celebrating 14 years of serving clients, it is the culmination of years of planning and dreaming.

Psychodynamic principles are emphasized in all aspects of the Project's clinical services including individual psychotherapy, career counseling, and working with DC's LGBTQ community.

Externship Training:

The Capital Therapy Project Externship program is designed to provide an intensive clinical experience and highly individualized training rarely available in other training settings.

The Externship is an unpaid 12-month training opportunity that emphasizes extensive use of technological and supervisory resources. **Our aim is to train tomorrow's psychologists to excel as clinicians and critical thinkers in the evolving landscape of psychodynamic therapy in the digital age.**

APPLICATION PROCEDURES

Please prepare and submit the following for consideration:

1. **A statement of interest.** Please detail your interest in our Program and how it relates to your professional goals. We encourage you to share your professional aspirations to help us to understand how our Externship may assist you in realizing your goals.
2. **A detailed curriculum vita.**
3. **Official academic transcript of graduate work.**
4. **Summary of previous clinical experience.**
5. **A sample of your work.** This may include, but is not limited to, a case summary and conceptualization, published book chapter, integrated report, peer-reviewed article, thesis, or dissertation proposal.
6. **Two letters of recommendation.** Include one from a current or recent clinical supervisor and letter of readiness from your graduate program's Director of Clinical Training.

Application Procedure

- Complete the application form and upload your statement of interest, CV, summary of clinical experience, and work sample here:
- <https://therapygroupdc.2018-2019-Externship-Application-Form.sgizmo.com/s3/>
- Mail or email your official academic transcript to:
Wayne Bullock, Psy.D, M.Ed
Therapy Group of DC
1350 Connecticut Avenue, NW
Suite 825
Washington, DC 20036
waynebullock@therapygroupdc.com
- Your recommenders may upload their letters here:
<https://therapygroupdc.2018-2019-Externship-Recommender-Upload-Form.sgizmo.com/s3/>

QUALIFICATIONS

Requirements For Consideration:

1. Applicants must be doctoral students in APA-accredited Counseling Psychology or Clinical Psychology training programs.
2. All applicants must have completed a minimum of 3 clinical practica.
3. Completion of three (3) years of your doctoral degree program by the commencement of the Externship program.

Desirable Qualifications

- Interest in psychodynamic theories and practice.
- Interest in gay, lesbian, bisexual and/or transgendered clients.
- Interest in and experience with vocational psychology.

TRAINING STRUCTURE

The Training Experience Includes:

1. The total weekly commitment for Externs is 14-16 hours per week
2. Externs spend 9-11 hours per week engaged in direct clinical service
3. The Capital Therapy Project provides intensive supervision in individual, career, and LGBTQ counseling.
4. Attending seminars conducted by the practice's Post Doctoral Fellows throughout the year.

All Externs Are Expected To:

- Collaborate with and directly provide psychotherapy services to individuals;
- Conduct evidence-based clinical interviews and deliver evidence-based practices;
- Video record each individual therapy session;
- Provide early morning (e.g., 8am start time) and/or late evening psychotherapy sessions (e.g., 8pm finish time) for 1 day a week, at minimum;
- Devote one hour per week to a clinical innovation/research or outreach project under the supervision of a senior staff member; and
- Be available Wednesdays from 9am to 3pm, which is time dedicated to staff meetings, case conferences, seminars and supervision.

GOALS

Psychotherapy

Externs will develop competence and confidence in practicing psychotherapy in a private practice setting. This includes:

- developing and improving case conceptualization skills,
- gaining comfort with implementing interventions based in the case conceptualization, and
- working with clients to monitor and use the therapeutic relationship in treatment.

Supervision

Externs will develop skills in using supervisory experiences to further explore their clinical experiences and gain comfort in questioning and exploring their contributions to the therapeutic relationship.

SUPERVISION AND PROFESSIONAL DEVELOPMENT

Individual Supervision

Externs receive 1 hour of individual supervision per week from the primary supervisor, a psychology Postdoctoral Fellow, who is supervised by a psychologist licensed in the District of Columbia.

Interpersonal Case Conference

Externs will attend a weekly case conference where they will be able to present/follow a case weekly with attention paid to the vicissitudes of the therapeutic relationship, including how interventions and transference/countertransferences shape the ongoing interactions between therapist and patient.

Professional Development

Externs will attend a series of seminars throughout the year conducted by the Fellows in collaboration with practice staff. Topics of discussion include clinical and professional development, and assisting with ongoing practice-wide clinical innovation/research or outreach projects.

PRACTICE LOCATION

Therapy Group of DC
1350 Connecticut Avenue NW
Suites 800 and 825
Washington, DC 20036