



THERAPY  
GROUP OF DC

**COUNSELING PSYCHOLOGY & CLINICAL PSYCHOLOGY  
PRIVATE PRACTICE POSTDOCTORAL FELLOWSHIP PROGRAM  
2018-2019**

**Director of Training**

Dr. Wayne Bullock

202-986-5941

[waynebullock@therapygroupdc.com](mailto:waynebullock@therapygroupdc.com)

**Application Due Date: January 5th, 2018**

**Start Date: September 4th, 2018**

## SUMMARY

### Objective

Our Postdoctoral Fellowship Program is designed to prepare exceptionally qualified and motivated early career psychologists who strive to become leaders for change in their community through their role in private practice. **Our aim is to expose Postdoctoral Fellows to forward-thinking skills needed for today's healthcare environment.**

The Therapy Group of DC Postdoctoral Fellowship Program is a paid year-long, 40-hour a week training experience. The main components of the Program are:

1. Providing evidence-based psychodynamic and relational individual and couples psychotherapy. This is the foundation of the Program.
2. Providing supervision to and didactic trainings for externs in the Capital Therapy Project, our low-fee psychodynamic community-based training institute.
3. Conducting community and online outreach and/or consultation to prepare Fellows to more broadly impact their community at the completion of our Program.

## APPLICATION PROCEDURES

### Please prepare and submit the following for consideration:

1. **A statement of interest.** Please detail your interest in one or two pages in our Fellowship Program and how participation in the Program will help to further your professional goals.
2. **A detailed curriculum vita.**
3. **Official academic transcript of graduate work.**
4. **A sample of your work.** This may include, but is not limited to, a case summary and conceptualization, published book chapter, integrated report, peer-reviewed article, or dissertation chapter.
5. **Three letters of recommendation.** Include one from a faculty member familiar with your academic work and at least one from a primary clinical supervisor during your predoctoral internship.

### Application Procedure

- Complete the application form and upload your statement of interest, CV, and work sample here: <http://therapygroupdc.2018-2019-Fellowship-Application-Form.sgizmo.com/s3/>

- Mail your official academic transcript to:  
Wayne Bullock, PsyD, MEd  
Therapy Group of DC  
1350 Connecticut Avenue, NW  
Suite 825  
Washington, DC 20036
- You may also have an official academic transcript emailed to: [waynebullock@therapygroupdc.com](mailto:waynebullock@therapygroupdc.com)
- Faculty and supervisors submitting letters of recommendation can upload them here:  
<http://therapygroupdc.2018-2019-fellowship-recommender-upload-form.sgizmo.com/s3/>

## QUALIFICATIONS

### **Requirements For Consideration:**

1. Completion of an APA-accredited doctorate in counseling psychology or clinical psychology, and
2. Completed APA-accredited predoctoral internship in professional psychology.

### **Desirable Qualifications**

- Interest in and experience with psychodynamic and relational theories and practice.
- Interest in and experience with systems theories and practice.
- Interest in and experience with gay, lesbian, bisexual, and transgender clients.
- Interest in and experience with vocational psychology.
- Interest in and experience with couples and groups.
- Interest in and experience with providing supervision

## TRAINING STRUCTURE

### **Training Includes:**

1. Supervised psychotherapy with individuals, couples, and possibly groups within a large private practice located in downtown Washington, DC (85% effort; includes supervision hours, face-to-face clinical hours, treatment planning, documentation);
2. Didactics and professional development activities, including providing supervision to externs (10% effort);

3. Community and online outreach/consultation activities (5% effort).

**All Fellows Are Expected To:**

- Directly provide psychotherapy services to individuals, couples, and groups;
- Conduct evidence-based clinical interviews and deliver evidence-based practices;
- Video record individual and couples therapy sessions for supervision purposes;
- Participate on couples counseling treatment teams;
- Attend required seminars and trainings;
- Provide supervision to the practice externs;
- Provide early morning (e.g., 7:30 or 8am start times) and/or late evening psychotherapy sessions (e.g., 8 or 9pm finish times) for 3 days a week, at minimum;
- Conduct community and online outreach and/or consultation project, or and;
- Conduct seminars for the practice's externs.

## GOALS

### **Psychotherapy**

Fellows will develop competence and confidence in practicing psychotherapy in a private practice setting. This includes:

- developing and improving case conceptualization skills,
- gaining comfort with implementing interventions based in the case conceptualization, and
- working with clients to monitor and use the therapeutic relationship in treatment.

### **Provision of Supervision**

Fellows will also gain experience providing supervision to practice externs. Relatedly, fellows will also demonstrate an ability to plan and lead seminars for externs.

### **Outreach**

Developing community outreach skills will be facilitated through a year long project which will end in an experience which promotes the wellbeing of individuals in the community.

## SUPERVISION

Fellows receive, at minimum, four hours of supervision per week, with at least one hour being individual supervision with a licensed psychologist. A second hour of supervision is provided in a group format by a licensed psychologist. A third hour of weekly supervision is group supervision of couples therapy. The final hour of supervision is a group supervision of supervision where Fellows will discuss their supervisory experiences with the practice's externs.

## DIDACTICS AND PROFESSIONAL DEVELOPMENT

### **Structured Didactics**

Fellows will attend two seminars per month. Topics for the didactic talks include, but are not limited to, ethics, diversity, theory, clinical innovations, online outreach, preparing for the EPPP, navigating the licensing process, and considering private practice as a career. Topics will vary to some degree depending on the interests of the Fellows.

### **Structured Professional Development**

Fellows will attend the monthly staff meeting. Additionally, fellows will also provide one seminar a quarter to practice externs. Fellows can work with staff to generate ideas for topics as well as develop a format for these seminars.

### **Interpersonal Case Conference**

Fellows will attend a weekly case conference where they will be able to present/follow a case weekly with attention paid to the vicissitudes of the therapeutic relationship, including how interventions and transference/countertransferences shape the ongoing interactions between therapist and patient.

## COMPENSATION

### **Salary and Bonus Structure**

Fellows are paid a full-time annual salary of \$42,000. Payments are made once a month. To approximate financial aspects of private practice, a monthly bonus of \$500 is awarded when a Fellow provides 112 or more hours of direct patient care hours for the month.

### **Benefits**

Workers compensation and state and federal unemployment insurance are provided. Health insurance is not available.

### **Leave**

The official Fellowship year will begin on September 4th, 2018. Fellows earn 4 hours of leave every two weeks (i.e., 13 days of annual leave). Additionally, Fellows are granted up to five days of authorized absence (i.e., time allowed for attending or presenting at conferences, sitting for the EPPP). Finally, Fellows receive ten paid federal holidays.

## **TRAINING PROGRAM EVALUATION**

Fellows will be evaluated twice during the year, and will be invited to also provide feedback on the training experience.

## **PRACTICE LOCATION**

Therapy Group of DC  
1350 Connecticut Avenue NW  
Suite 800 and 825  
Washington, DC 20036