



**COUNSELING PSYCHOLOGY & CLINICAL PSYCHOLOGY
PRIVATE PRACTICE EXTERNSHIP PROGRAM
2017-2018**

Capital Therapy Project
1350 Connecticut Avenue, NW
Suite 825
Washington, DC 20036

Application Due Date: January 27, 2017
Start Date: September 18th, 2017

SUMMARY

Objective

The Capital Therapy Project embodies a movement to bring compassionate, respectful, and results-oriented therapy to more of DC. It is an innovative low-fee psychodynamic therapy training institute located in downtown Washington DC. Developed in partnership with a DC private practice celebrating 14 years of serving clients, it is the culmination of years of planning and dreaming.

Psychodynamic principles are emphasized in all aspects of the Project's clinical services including brief individual psychotherapy, couples counseling, career counseling, and working with DC's LGBTQ community.

Externship Training:

The Capital Therapy Project Externship program is designed to provide an intensive clinical experience and highly individualized training rarely available in other training settings.

The Externship is a unpaid 12-month training opportunity that emphasizes extensive use of technological and supervisory resources. **Our aim is to train tomorrow's psychologists to excel as clinicians and critical thinkers in the evolving landscape of psychodynamic therapy in the digital age.**

Important Dates

Application Due Date: January 27, 2017

Start Date: Sept 18th, 2017

Important Information About Our Training Schedule

Externs must be available for staff meetings, case conferences, and supervision meetings from 9am to Noon on Wednesday mornings.

APPLICATION PROCEDURES

Please prepare and submit the following for consideration:

1. **A statement of interest.** Please detail your interest in our Program and how it relates to your professional goals. We encourage you to share your professional aspirations to help us to understand how our Externship may assist you in realizing your goals.
2. **A detailed curriculum vita.**
3. **Official academic transcript of graduate work.**
4. **Summary of previous clinical experience.**
5. **A sample of your work.** This may include, but is not limited to, a case summary and conceptualization, published book chapter, integrated report, peer-reviewed article, thesis, or dissertation proposal.
6. **Two letters of recommendation.** Include one from a current or recent clinical supervisor and letter of readiness from your graduate program's Director of Clinical Training.

Application Procedure

- Complete the application form and upload your statement of interest, CV, summary of clinical experience, and work sample here:
- <http://therapygroupdc.2017-2018-Externship-Application-Form-copy.sgizmo.com/s3/>
- Mail your official academic transcript to:
Brad Brenner, Ph.D.
Therapy Group of DC
1350 Connecticut Avenue, NW
Suite 825
Washington, DC 20036
- Your recommenders may upload their letters here:
<http://therapygroupdc.2017-2018-Externship-Recommender-Upload-Form.sgizmo.com/s3/>

Contact Dr. Brad Brenner with specific questions about our Externship Program. He can be reached at 202-986-5941 or bradbrenner@therapygroupdc.com.

QUALIFICATIONS

Requirements For Consideration:

1. Applicants must be doctoral students in APA-accredited Counseling Psychology or Clinical Psychology training programs.
2. All applicants must have completed a minimum of 3 clinical practica.
3. Completion of three (3) years of your doctoral degree program by the commencement of the Externship program.

Desirable Qualifications

- Interest in psychodynamic theories and practice.
- Interest in gay, lesbian, bisexual and/or transgendered clients.
- Interest in and experience with vocational psychology.
- Interest in couples therapy.

TRAINING STRUCTURE

The Training Experience Includes:

1. The total weekly commitment for Externs is 14-16 hours per week
2. Externs spend 10-12 hours per week engaged in direct clinical service
3. The Capital Therapy Project provides intensive supervision in individual, couples, career, and LGBTQ counseling
4. Externs will complete a 9-week intensive seminar in couples counseling prior to seeing any couples

All Externs Are Expected To:

- Collaborate with and directly provide psychotherapy services to individuals and couples;
- Conduct evidence-based clinical interviews and deliver evidence-based practices;
- Video record each individual therapy and couples counseling session;
- Provide early morning (e.g., 8am start time) and/or late evening psychotherapy sessions (e.g., 8pm finish time) for 1 days a week, at minimum;
- Devote one hour per week to a clinical innovation/research or outreach project under the supervision of a senior staff member; and

- Be available Wednesday mornings from 9am to Noon, which is time dedicated to supervision, staff meetings and case conferences.

SUPERVISION AND PROFESSIONAL DEVELOPMENT

Individual Supervision

Externs receive 2 hours of supervision per week.

At least one hour of weekly individual supervision comes from the primary supervisor, a psychology Postdoctoral Fellow who is supervised by a psychologist licensed in the District of Columbia. The second hour of supervision, devoted to couples therapy, will come from group supervision.

Professional Development

Externs will attend a series of informal seminars throughout the year. Topics of discussion include clinical and professional development, and assisting with ongoing practice-wide clinical innovation/research or outreach projects.