



**THERAPY  
GROUP OF DC**

**COUNSELING PSYCHOLOGY & CLINICAL PSYCHOLOGY  
PRIVATE PRACTICE POSTDOCTORAL FELLOWSHIP PROGRAM  
2017-2018**

Therapy Group of DC  
1350 Connecticut Avenue, NW  
Suite 825  
Washington, DC 20036

Application Due Date: January 6, 2017  
Start Date: September 5th, 2017

---

## SUMMARY

### Objective

We have developed our Postdoctoral Fellowship Program to prepare exceptionally qualified and motivated early career psychologists who strive to become leaders for change in their community through their role in private practice. **Our aim is to expose Postdoctoral Fellows to forward-thinking skills needed for today's healthcare environment.**

The Therapy Group of DC Postdoctoral Fellowship Program is a year-long, 40-hour a week training experience. The main components of the Program are

1. Providing evidence-based psychodynamic and relational individual and couples psychotherapy. This is the foundation of the Program.
2. Identifying and piloting potential clinical innovations and/or practice-based research. Dedicated time is reserved for Fellows to pursue and actively participate in these endeavors.
3. Conducting community and online outreach and/or consultation to prepare Fellows to more broadly impact their community at the completion of our Program.

### Goals

Successful completion of our Program is based on developing proficient professional competencies (e.g., competency with ethics, documentation, and diversity) and practice competencies (e.g., psychotherapeutic interventions, community or online outreach, psychotherapy research).

### Important Dates

Application Due Date: January 6, 2017

Start Date: Sept 5th, 2017

## APPLICATION PROCEDURES

### Please prepare and submit the following for consideration:

1. **A statement of interest.** Please detail your interest in our Fellowship Program and how participation in the Program will help to further your professional goals.
2. **A detailed curriculum vita.**
3. **Official academic transcript of graduate work.**
4. **A sample of your work.** This may include, but is not limited to, a case summary and conceptualization, published book chapter, integrated report, peer-reviewed article, or dissertation chapter.
5. **Three letters of recommendation.** Include one from a faculty member familiar with your academic work and at least one from a primary clinical supervisor during your predoctoral internship.

### Application Procedure

- Complete the application form and upload your statement of interest, CV, and work sample here:  
<http://therapygroupdc.2017-2018-Fellowship-Application-Form.sgizmo.com/s3>
- Mail your official academic transcript to:  
Brad Brenner, Ph.D.  
Therapy Group of DC  
1350 Connecticut Avenue, NW  
Suite 825  
Washington, DC 20036
- Faculty and supervisors submitting letters of recommendation can upload their letters here:  
<http://therapygroupdc.2017-2018-Fellowship-Recommender-Upload-Form.sgizmo.com/s3>

Contact Dr. Brad Brenner with specific questions about our Fellowship Program. He can be reached at 202-986-5941 or [bradbrenner@therapygroupdc.com](mailto:bradbrenner@therapygroupdc.com).

## QUALIFICATIONS

### Requirements For Consideration:

1. Completion of an APA-accredited doctorate in counseling psychology or clinical psychology (proof of completion of all requirements for the doctorate may be required, e.g., transcript showing completion or a letter from the Director of Training), and
2. Completed APA-accredited predoctoral internship in professional psychology.

### Desirable Qualifications

- Interest in and experience with psychodynamic and relational theories and practice.
- Interest in and experience with systems theories and practice.
- Interest in and experience with gay, lesbian, bisexual and transgendered clients.
- Interest in and experience with vocational psychology.
- Interest in and experience with couples and groups.

## TRAINING STRUCTURE

### Training Includes:

1. Supervised psychotherapy with individuals, couples, and groups within a private practice located in Washington, DC (85% effort; includes supervision hours, face-to-face clinical hours, treatment planning, documentation);
2. Didactics and professional development activities (5% effort);
3. Clinical innovation project activities (5% effort; e.g, researching and piloting methods for tracking client functioning between sessions; researching and piloting technology-assisted in-session methods of enhancing psychotherapy training; assisting with the development of video feedback for couples; conducting psychotherapy outcomes research); and
4. Community and online outreach/consultation activities (5% effort).

### All Fellows Are Expected To:

- Directly provide psychotherapy services to individuals, couples, and groups;
- Conduct evidence-based clinical interviews and deliver evidence-based practices;
- Video record individual and couples therapy sessions for supervision purposes;

- Participate on couples counseling treatment teams;
- Attend required seminars and trainings;
- Provide early morning (e.g., 7:30 or 8am start times) and/or late evening psychotherapy sessions (e.g., 8 or 9pm finish times) for 3 days a week, at minimum;
- Participate in a clinical innovation/research project; and
- Conduct community and online outreach and/or consultation project.

## OBJECTIVES AND COMPETENCIES

### Objective #1: Develop proficient Professional Competencies

Associated Competencies:

- Competency in Law and Ethics  
*Understands and applies ethical concepts and the law to professional activities with individuals, groups, and organizations.*
- Competency in Professional Interpersonal Behavior  
*Demonstrates professional and appropriate interactions with patients, staff, peers, supervisors, and program directors.*
- Competency in Documentation, Efficiency and Accountability  
*Demonstrates timely and thorough documentation and efficient use of time.*
- Competency in Understanding and Responding to Diversity  
*Demonstrates sensitivity to patient cultural diversity, including race, ethnicity, religion, country of birth, sex, social class, age, sexual orientation, gender identity, disability and health status, and other aspects of identity. Consistently achieves a good rapport with patients and co-workers from diverse backgrounds.*

### Objective #2: Develop proficient Practice Competencies

#### Competence in Psychological Diagnosis and Clinical Interviewing

- Competency in the Clinical Interview  
*Conducts an interview-based evaluation to inform diagnosis and case conceptualization.*
- Competency in Risk Assessment  
*Evaluates risk issues and takes appropriate actions if warranted.*

#### Competence in Psychotherapeutic Interventions

- Competency in Case Conceptualization and Treatment Goals

*Demonstrates the capacity to conceptualize cases and formulate goals for treatment.*

- Competency in Therapeutic Interventions

*Effectively implements therapeutic interventions to work toward treatment goals.*

- Competency in Process Monitoring

*Demonstrates facility with monitoring psychotherapy outcome and therapeutic alliance as part of evidence-based treatment.*

- Competency in Risk Monitoring

*Demonstrates ability to monitor risk issues.*

### **Competence in Clinical Innovation**

- Competency in Identifying a Clinical Need Amenable to Innovation/Scientific Exploration

*Makes contributions to identifying and selecting clinical situations for investigation.*

- Competency in Designing a Testable Clinical Research/Pilot Protocol

*Makes contributions to designing a practical research/pilot protocol appropriate for a private practice setting.*

- Competency in Implementing a Research/Pilot Protocol

*Effectively and efficiently carries out research/pilot protocol and data collection and entry.*

### **Competence in Community Outreach/Consulting and Online Outreach**

- Competency in Community Psychoeducational Outreach/Consulting

*Develops community outreach goals/objectives, outline, materials and demonstrated knowledge of outreach subject area.*

- Competency in Online Psychoeducational Outreach

*Develops online outreach goals/objectives, outline, materials and demonstrated knowledge of outreach subject area.*

## **SUPERVISION**

### **Individual Supervision**

Fellows receive, at minimum, three hours of supervision per week, with at least one hour being individual supervision with a licensed psychologist. A second hour of supervision is provided in a group format by a licensed psychologist. The third hour of weekly supervision is group supervision of couples therapy.

## DIDACTICS AND PROFESSIONAL DEVELOPMENT

### Structured Didactics

Fellows will attend two seminars per month. Topics for the didactic talks include, but are not limited to, ethics, diversity, theory, clinical innovations, online outreach, preparing for the EPPP, navigating the licensing process, and considering private practice as a career. Topics will vary to some degree depending on the interests of the Fellows.

### Structured Professional Development

Fellows will attend two professional development meetings a month. These will include one hour for staff meetings, and one hour for a practice-wide case conference.

## COMPLETION AND EVALUATION

### Successful Completion of the Postdoctoral Fellowship Program

Successful completion is determined by the training committee.

### Specific Requirements

Fellows are required:

1. to be onsite for the full duration of the training year,
2. engage in a minimum of 65% of their time in direct patient care (i.e., 26 face-to-face client hours per week), and
3. receive overall Proficient evaluations on 80% or more of the competencies in the core training areas as reflected by the Postdoc Rating Form.

### Evaluation Procedures

At two points over the course of the year, Fellows are evaluated on the previously described core goals and competencies. Competencies will be rated at the Expert, Proficient, Competent, Advanced Beginner, Novice, or Needs Remediation levels.

It is not expected that Fellows will achieve the rating of Expert.

## COMPENSATION

### Salary and Bonus Structure

Fellows are paid a full-time annual salary of \$38,250. Payments are made every two weeks for a full year. To approximate financial aspects of private practice, a monthly bonus of \$500 is awarded when a Fellow provides 112 or more hours of direct patient care hours for the month.

### Benefits

Workers compensation and state and federal unemployment insurance are provided. Health insurance is not available.

### Leave

The official Fellowship year will begin on September 6, 2016. Fellows earn 4 hours of leave every two weeks (i.e., 13 days of annual leave). Additionally, Fellows are granted up to five days of authorized absence (i.e., time allowed for attending or presenting at conferences, sitting for the EPPP). Finally, Fellows receive ten paid federal holidays.

## TRAINING PROGRAM EVALUATION

### Formal Rating of the Program

The Fellows will complete formal rating scales after six months and at the end of the training year to indicate their satisfaction with the training experiences and outcomes, quality of supervision provided, didactic experiences, facilities, and resources available. The Postdoctoral Fellowship Program Directors will review the Fellow's satisfaction ratings and take reasonable steps to address any areas of concern.

### Exit Interviews

Exit interviews with the Fellows by the Postdoctoral Fellowship Program Directors will be completed at the end of the training year in order to gather additional feedback about the training experience and in order to inform the continuous improvement of the Postdoctoral Fellowship program.

### Expected Continuous Feedback



It is expected that Fellows will provide feedback to their supervisors on an ongoing basis, as well, concerning their needs and the extent to which the training activities are fulfilling their goals.

## POSTDOCTORAL TRAINING COMMITTEE

### **Brad Brenner, Ph.D., Training Director**

University of Maryland at College Park  
Licensed Psychologist in the District of Columbia  
[Learn More about Dr. Brenner](#)

### **Keith Clemson, Ph.D., LPC, Director of Couples Training**

Saint Louis University  
Licensed Professional Counselor in the District of Columbia  
[Learn More at Dr. Clemson](#)

### **Potential Supervisors:**

#### **Regan Mayo, Ph.D., Supervisor**

Arizona State University  
Licensed Psychologist in the District of Columbia  
[Learn More about Dr. Mayo](#)

#### **Ilyse Zable, Psy.D., Supervisor**

George Washington University  
Licensed Psychologist in the District of Columbia  
[Learn More about Dr. Zable](#)

#### **Wayne Bullock, Psy.D., M.Ed., Supervisor**

Widener University  
Licensed Psychologist in the District of Columbia  
[Learn More about Dr. Bullock](#)