



THERAPY  
GROUP OF DC

**COUNSELING PSYCHOLOGY & CLINICAL PSYCHOLOGY  
PRIVATE PRACTICE POSTDOCTORAL FELLOWSHIP PROGRAM  
2020-2021**

**Director of Training**

Dr. Wayne Bullock

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**Beginning Application Date:** December 1st, 2019.

**Rolling admission:** Interviews, offers, and acceptances will occur until an exceptionally qualified class is full.

**Start Date:** September 8th, 2020

**End Date:** September 3rd, 2021

## SUMMARY

### Objective

Our Postdoctoral Fellowship Program is designed to prepare exceptionally qualified and motivated early career psychologists who strive to become leaders for change in their community through private practice.

Our aim is to expose Postdoctoral Fellows to forward-thinking skills needed for today's healthcare environment. This includes refining your clinical skills, practicing with a large caseload of patients, and working to set career goals and creating a plan to meet them. We pride ourselves on creating a Fellowship that is committed to furthering your clinical and professional-personal aspirations.

The Therapy Group of DC Postdoctoral Fellowship Program is a paid year-long, **40-hour a week** training experience. All hours are to be completed in our offices. The main components of the Program are:

1. Providing the necessary post-doctorate work experiences and required supervision to apply for a license to practice psychology in the District of Columbia.
2. Providing psychoanalytic/psychodynamic and individual relational psychotherapy. This is the theoretical foundation of the program. Training is significantly influenced by interpersonal and relational psychoanalytic theory and technique.
3. Providing supervision to, and didactic training for externs in the Capital Therapy Project, our low-fee psychodynamic community-based training institute.

## APPLICATION PROCEDURES

### Please prepare and submit the following for consideration:

1. **A statement of interest.** Please detail your interest in one or two pages in our Fellowship Program and how participation in the Program will help to further your professional goals.
2. **A detailed curriculum vitae.**
3. **Official academic transcript(s) of graduate work.**
4. **A sample of your work.** This may include, but is not limited to, a case summary and conceptualization, a published book chapter, a peer-reviewed article, or a dissertation chapter. Please do not use an assessment report.

5. **Three letters of recommendation.** Include one from a faculty member familiar with your academic work and at least one from a primary clinical supervisor during your predoctoral internship.

### **Application Procedure**

- [Complete the application form](#) and upload your statement of interest, CV, and work sample.
- Mail your official academic transcript to:  
Wayne Bullock, PsyD, MEd  
Therapy Group of DC  
1350 Connecticut Avenue, NW  
Suite 825  
Washington, DC 20036
- You may also have an official academic transcript emailed to [waynebullock@therapygroupdc.com](mailto:waynebullock@therapygroupdc.com)
- Faculty and supervisors submitting letters of recommendation can upload them here: <https://forms.gle/21uVDJKkXzEJAmUu8>

## **QUALIFICATIONS**

### **Requirements For Consideration:**

1. Completion of an APA-accredited doctorate in counseling or clinical psychology, and
2. Completed APA-accredited predoctoral internship in professional psychology.
3. Interest and commitment to a **demanding** Fellowship and rigorous clinical experience of a minimum of 25 completed clinical hours per week with the remaining 15 hours (for a total of 40 hours per week) to be completed in our offices.
4. Interest in and experience with psychodynamic and relational theories and practice.
5. Interest in and experience with LGBTQA+ clients.
6. Openness and enthusiasm to challenge your current ways of thinking of your clinical work.
7. Interest in and experience with providing supervision.

### **Our Fellowship is a Poor Fit for Those:**

- Interested in only accumulating postdoctoral clinical hours.
- Intending to work in any other clinical settings during the Fellowship.
- Desiring to complete less than 25 hours of psychotherapy sessions per week.

- Seeking part-time employment or desiring to be present less than 40 hours a week in the office.

## TRAINING STRUCTURE

### Training Includes:

- Supervised psychotherapy with individuals and possibly a group within a large private practice located in downtown Washington, DC.
- Professional development activities, including providing supervision to psychology externs and facilitation of professional goals.
- The potential to engage in community and online outreach/consultation activities.

### All Fellows Are Expected To:

- Directly provide 25 hours per week of completed psychotherapy services to individuals and possibly a group;
- Video record therapy sessions for supervision purposes;
- Attend required supervision;
- Attend required seminars and training;
- Provide supervision to the practice externs;
- Provide at least one day a week of early morning (i.e., 7:30 am) therapy start times and two days a week of late evening end times (i.e., 8 or 9 pm finish times);
- Conduct seminars for the practice's externs, and;
- Have and maintain individual professional liability policy.

## GOALS

### Provision of Psychotherapy

Fellows will develop competence and confidence in practicing psychotherapy with a large caseload of patients completing a high number of weekly sessions in a private practice setting. This includes:

- developing and improving case conceptualization skills,
- gaining comfort with implementing interventions based on the case conceptualization, and
- working with clients to monitor and use the therapeutic relationship in treatment.

### **Provision of Supervision**

Fellows will also gain experience in providing supervision to practice externs. Relatedly, fellows will also demonstrate an ability to plan and lead seminars for externs.

### **Fellowship Project**

There will be the option for Fellows to engage in a year-long project. The project can be in the areas of community outreach, practice innovation, or clinical scholarship. For those that elect to conduct outreach, they will develop community outreach skills through a project which will end in an experience which promotes the well-being of individuals in the community. Practice innovation includes working with senior staff in developing new or improved ways of better engaging with our patients. The clinical scholarship option includes presenting helpful clinical material to staff and working towards publishing or conference presentation.

## **SUPERVISION RECEIVED DURING THE FELLOWSHIP**

Fellows receive, at a minimum, five hours of supervision per week.

1. The first hour is individual supervision with a licensed psychologist.
2. The second hour is an intensive weekly case conference where Fellows will be able to present/follow a case. Special attention will be paid to the vicissitudes of the therapeutic relationship, including how interventions and transference/countertransference shape the ongoing interactions between therapist and patient.
3. The third is a consultation group provided by a licensed psychologist focussing on clinical and professional development
4. The fourth hour is group supervision with an emphasis on a discussion of assigned clinically-relevant readings.
5. The fifth hour of supervision is a group supervision of supervision where Fellows will discuss their supervisory experiences with the practice's externs.

## **PROFESSIONAL DEVELOPMENT**

### **Structured Professional Development**

Fellows will attend the monthly staff meeting. Additionally, fellows will also provide one seminar per quarter to practice externs. Fellows can work with staff to generate ideas for topics and format for these seminars.

### **Practice Development Training**

Fellows who are in good standing after 4 months and are meeting all requirements of the Fellowship will receive a partial scholarship to enroll in a marketing fundamentals for mental health practitioners training program created by a leading training institute. This scholarship can be used during the last 6 months of the Fellowship.

## **COMPENSATION**

### **Salary**

Fellows are paid a full-time annual salary of \$40,000, paid on a monthly basis. To approximate some of the realities of private practice, any month where the Fellow completes 81 or more psychotherapy sessions, they will receive a bonus.

### **Benefits**

We provide and pay 100% of your medical, dental, and vision insurance premiums. Workers' compensation and state and federal unemployment insurance are also provided. Additional benefits include the ability to contribute to a Flexible Spending Account and commuter benefits.

### **Leave**

The official Fellowship year will begin on September 8th, 2020. Fellows are eligible for 14 days of annual leave. Fellows also receive ten paid federal holidays.

## **TRAINING PROGRAM EVALUATION**

Fellows will be evaluated twice during the year and will be invited to provide feedback on the training experience.

## **PRACTICE LOCATION**

Therapy Group of DC  
1350 Connecticut Avenue NW  
Suites 800 and 825  
Washington, DC 20036