



THERAPY
GROUP OF DC

**COUNSELING PSYCHOLOGY & CLINICAL PSYCHOLOGY
PRIVATE PRACTICE POSTDOCTORAL FELLOWSHIP PROGRAM
2019-2020**

Director of Training

Dr. Wayne Bullock

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Application Due Date: Midnight Eastern Standard Time January 7th, 2019

Start Date: September 3rd, 2019

SUMMARY

Objective

Our Postdoctoral Fellowship Program is designed to prepare exceptionally qualified and motivated early career psychologists who strive to become leaders for change in their community through a role in private practice.

Our aim is to expose Postdoctoral Fellows to forward-thinking skills needed for today's healthcare environment. This includes not only refining your clinical skills but also working to set career goals and receiving help to create a plan to meet them. We pride ourselves on creating a Fellowship that is committed to furthering your clinical and professional-personal aspirations.

The Therapy Group of DC Postdoctoral Fellowship Program is a paid year-long, 40-hour a week training experience. The main components of the Program are:

1. Providing psychodynamic and relational individual psychotherapy. This is the foundation of the Program.
2. Providing supervision to and didactic training for externs in the Capital Therapy Project, our low-fee psychodynamic community-based training institute.
3. Conducting community and online outreach and/or consultation to prepare Fellows to more broadly impact their community at the completion of our Program.

APPLICATION PROCEDURES

Please prepare and submit the following for consideration:

1. **A statement of interest.** Please detail your interest in one or two pages in our Fellowship Program and how participation in the Program will help to further your professional goals.
2. **A detailed curriculum vitae.**
3. **Official academic transcript of graduate work.**
4. **A sample of your work.** This may include, but is not limited to, a case summary and conceptualization, published book chapter, integrated report, peer-reviewed article, or dissertation chapter.
5. **Three letters of recommendation.** Include one from a faculty member familiar with your academic work and at least one from a primary clinical supervisor during your predoctoral internship.

Application Procedure

- [Complete the application form](#) and upload your statement of interest, CV, and work sample.
- Mail your official academic transcript to:
Wayne Bullock, PsyD, MEd
Therapy Group of DC
1350 Connecticut Avenue, NW
Suite 825
Washington, DC 20036
- You may also have an official academic transcript emailed to waynebullock@therapygroupdc.com
- Faculty and supervisors submitting letters of recommendation can upload them here: <https://goo.gl/forms/9PyFXK7MG4kfK7nG3>

QUALIFICATIONS

Requirements For Consideration:

1. Completion of an APA-accredited doctorate in counseling or clinical psychology, and
2. Completed APA-accredited predoctoral internship in professional psychology.
3. Interest in and experience with psychodynamic and relational theories and practice.
4. Interest in and experience with gay, lesbian, bisexual, and transgender clients.

Desirable Qualifications

- Interest in and experience with vocational psychology.
- Interest in and experience with providing supervision

TRAINING STRUCTURE

Training Includes:

- Supervised psychotherapy with individuals and possibly groups within a large private practice located in downtown Washington, DC.
- Didactics and professional development activities, including providing supervision to psychology externs and facilitation of professional goals.

- Community and online outreach/consultation activities.

All Fellows Are Expected To:

- Directly provide psychotherapy services to individuals and possibly groups;
- Video record therapy sessions for supervision purposes;
- Attend required supervision;
- Attend required seminars and training;
- Provide supervision to the practice externs;
- Provide at least one day a week of early morning (i.e., 7:30 am) therapy start times and two days a week of late evening end times (i.e., 8 or 9 pm finish times);
- Conduct community and online outreach and/or consultation project, and;
- Conduct seminars for the practice's externs.

GOALS

Provision of Psychotherapy

Fellows will develop competence and confidence in practicing psychotherapy in a private practice setting. This includes:

- developing and improving case conceptualization skills,
- gaining comfort with implementing interventions based on the case conceptualization, and
- working with clients to monitor and use the therapeutic relationship in treatment.

Provision of Supervision

Fellows will also gain experience in providing supervision to practice externs. Relatedly, fellows will also demonstrate an ability to plan and lead seminars for externs.

Fellowship Project

There will be an opportunity for Fellows to engage in a year-long project. The project can be in the areas of community outreach, practice innovation, or clinical scholarship. For those that elect to conduct outreach, they will develop community outreach skills through a project which will end in an experience which promotes the well-being of individuals in the community. Practice innovation includes working with senior staff in developing new or improved ways of better engaging with our patients. The clinical scholarship option includes presenting helpful clinical material to staff and working towards publishing or conference presentation.

SUPERVISION RECEIVED DURING THE FELLOWSHIP

Fellows receive, at the minimum, five hours of supervision per week.

1. The first hour is individual supervision with a licensed psychologist.
2. The second hour is an intensive weekly case conference where Fellows will be able to present/follow a case. Special attention will be paid to the vicissitudes of the therapeutic relationship, including how interventions and transference/countertransference shape the ongoing interactions between therapist and patient.
3. The third is provided in a group format by a licensed psychologist focussing on clinical and professional development
4. The fourth hour is group supervision with an emphasis on a discussion of assigned clinically-relevant readings.
5. The fifth hour of supervision is a group supervision of supervision where Fellows will discuss their supervisory experiences with the practice's externs.

DIDACTICS AND PROFESSIONAL DEVELOPMENT

Structured Didactics

Fellows will attend two seminars per month. Topics for the didactic talks include, but are not limited to, ethics, diversity, theory, clinical innovations, online outreach, preparing for the EPPP, navigating the licensing process, and considering private practice as a career. Topics will vary to some degree depending on the interests of the Fellows.

Structured Professional Development

Fellows will attend the monthly staff meeting. Additionally, fellows will also provide one seminar per quarter to practice externs. Fellows can work with staff to generate ideas for topics and format for these seminars.

Mentoring

To aid in their professional development and with the support of staff, Fellows will develop professional goals for their Fellowship year and beyond. Fellows will be encouraged to think about their interests, skills, and goals, and create a plan to meet those goals. Fellows and mentors will discuss how to use already existing skills and formulating ways of gaining additional skills that might be necessary to reach their goals.

Planning for Beyond The Fellowship Year

There are two major options for Fellows to consider after the successful completion of training. Those are:

1. Employment at another practice or institution.
2. Employment at the Therapy Group of NYC, our sister practice in Manhattan.

Fellows who wish to remain in the DC area after training will be supported via introductions, when possible, to other leading practices and guidance related to a job search.

Fellows who demonstrate exemplary levels of commitment, clinical skill, and professionalism and are interested in relocating to NYC will be given the highest priority consideration for open positions at the Therapy Group of NYC.

COMPENSATION

Salary

Fellows are paid a full-time annual salary of \$40,000, paid on a monthly basis.

Benefits

We provide and pay 100% of your medical, dental, and vision insurance premiums. Workers compensation and state and federal unemployment insurance are also provided. Additional benefits include the ability to contribute to a Flexible Spending Account and commuter benefits.

Leave

The official Fellowship year will begin on September 3rd, 2019. Fellows earn 4 hours of leave every two weeks (i.e., 13 days of annual leave). Additionally, Fellows are granted up to five days of authorized absence (i.e., the time allowed for attending or presenting at conferences, sitting for the EPPP). Finally, Fellows receive ten paid federal holidays.

TRAINING PROGRAM EVALUATION

Fellows will be evaluated twice during the year and will be invited to also provide feedback on the training experience.

PRACTICE LOCATION

Therapy Group of DC
1350 Connecticut Avenue NW
Suite 800 and 825
Washington, DC 20036